

the Wheelagram



Materials Cleaning Systems Division
Wheelabrator-Frye Inc.

VOL. II NO. 47

DECEMBER 22, 1978

Merry Christmas



J. E. O'Callaghan
President and General Manager

Once again the Holiday Season is with us bringing pleasant memories, family and friend reunions and the warm feelings we all experience this time of year.

It's always a good time to reflect on the past year and remember how truly fortunate we are. We each have much to be thankful for. At the top of my personal list is my appreciation and thanks for the job each of you has done in accomplishing our objectives and serving our customers. Your individual achievements and efforts are all important to our common welfare.

As we approach another year, let's renew our commitment — if not to strive for perfection, to achieve certain improvement. In our competitive economy, each of us is dependent on the customers we serve. We each have a vital role to play in holding our existing customers and winning new ones. Our future will be determined as a result of a successful partnership among us and such success is achieved only in a spirit of understanding, cooperation and mutual respect. These qualities are most "alive" at this time of the year — let's strive to keep them year-round.

To each of you my personal wishes for a very Merry Christmas and a blessed and peaceful New Year!

Sincerely,

J. E. O'Callaghan
President and General Manager



'TIS THE SEASON for fellowship and good cheer — and Wheelabrator folk oblige! **Wheelagram's** "Candid Camera" covered some of the holiday festivities which we share with you.

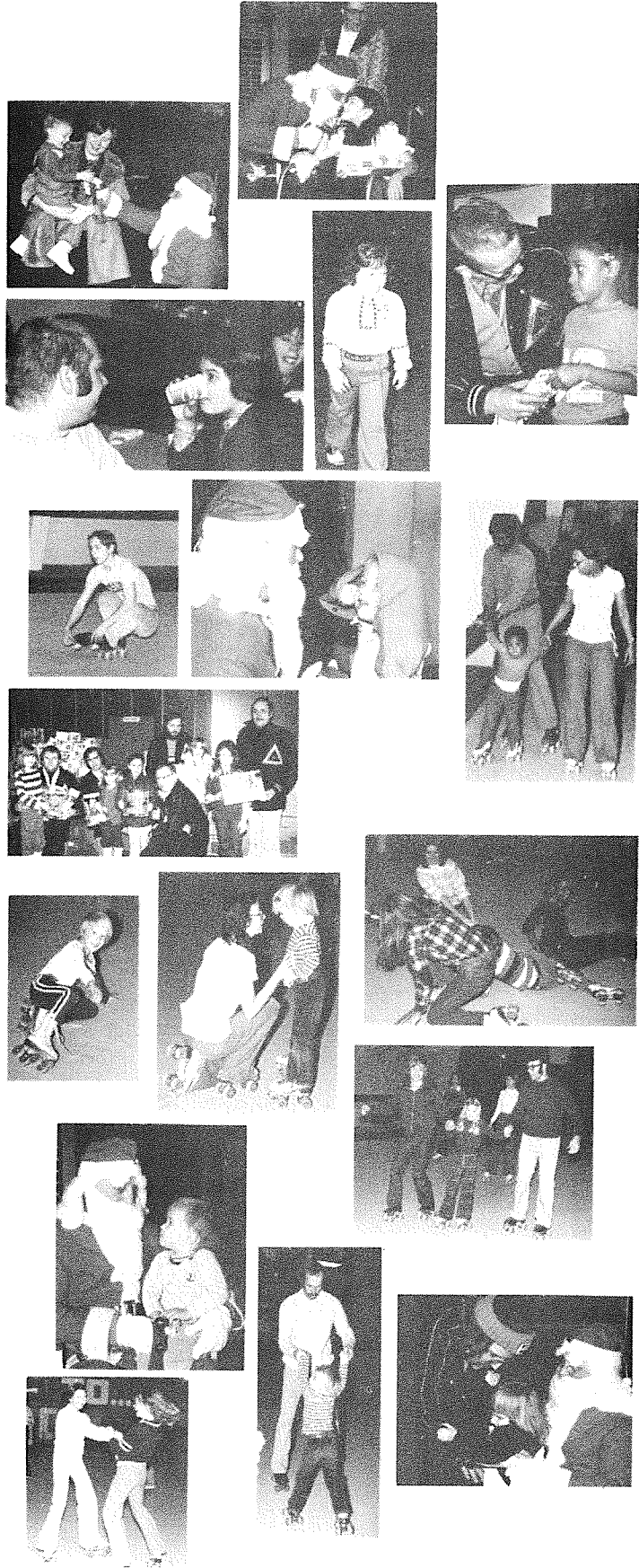
THE JULIANNA CLUB



THE MANAGEMENT CLUB



THE KIDDIE SET



FOR THE EYES AND EARS OF MCSD . . . As you know, effective January 1, 1979, we will be adding Vision and Hearing coverage to our Blue Cross-Blue Shield Medical, Dental and Prescription Drug Program.

Shortly after January 1, you will be receiving summaries of each new program which will include both benefit information, as well as details on claim processing.

So that you will have some advance information regarding the new coverage, a general description of each plan follows:

VISION PROGRAM

1. Covered Expenses:

- (a) Eye Exam — Usual and customary expenses will be paid for a vision examination by an ophthalmologist or optometrist.
- (b) Lenses — Usual and customary expenses will be paid for single vision, bifocal or trifocal clear lenses.
- (c) Frames — If you obtain your frames from a Participating Provider (a listing of Participating Providers will be available by January 1), you may make a selection from a display that will be shown you, and there will be no out-of-pocket expense to you other than any Co-Payment as described below. However, if your selection at the Participating Provider is not from such display, or if you obtain your frames from a Nonparticipating Provider, \$15.00 is the maximum amount that will be considered a Covered Expense.

2. Co-Payments you will be required to pay

For each insured individual, there is a \$5.00 Co-Payment applicable during any period of 12 consecutive months for a vision examination, and a \$7.50 Co-Payment applicable to the combined Covered Expenses incurred during any period of 12 consecutive months for lenses and frames. The total Co-Payment for each insured individual, during any period of 12 consecutive months, will not exceed \$12.50.

HEARING PROGRAM

1. Covered Expenses

- (a) Audiometric Exam — Usual and customary expenses will be paid for an Audiometric Examination performed by a physician or audiologist.
- (b) Hearing Aid Evaluation Test — Up to \$40.00 will be paid for a Hearing Aid Evaluation Test performed by an otologist, an otolaryngologist, or an audiologist.
- (c) Hearing Aids — Usual and customary expenses will be paid for in the ear, behind the ear or on the body types of hearing aids.

2. Co-Payments you will be requested to pay.

There are no Co-Payments with the Hearing Benefit Program.

WANETA CARNES, Sr. Purchasing Clerk-Purchasing, will celebrate 10 years of company service December 30. Congratulations, Waneta!

NEW FACES . . . Welcome to: **Susan K. Lebiedzinski**, Programmer II-MIC; **Michael N. Wise**, Account Sales Engineer; **Midge Lenza**, Secretary-Southern Region; **Lois Lewis**, Secretary-Western Region.

IT'S A MERRY CHRISTMAS for members of the WFI Employees Federal Credit Union — the Board has declared a 6% dividend for the fourth quarter with an additional 1% bonus on all eligible regular, Christmas Club and Vacation Club share accounts. Remember — new accounts are always welcome.

SURVIVING THE HOLIDAYS . . . For all of us, dieters and nondieters alike, the holiday season can become a nightmare of double dinners, rich food and drink, and "must-eat" situations that result in a New Year's bulge. Avoid the post-Christmas fat syndrome with a little common sense and planning: Take the time for regular meals; don't substitute food for rest. Count calories before the Holidays and save some for the inevitable Christmas treats. Don't eat what you really don't want at buffet dinners; select only those foods you love. Watch the sampling in the kitchen. Keep as few leftovers as possible; send them home with guests. Finally, when Christmas or New Year's dinner is over, get up from the table immediately. Lingering is for leftovers lovers. A leisurely walk will help digestion and save you from temptation.

HAPPY HOLIDAYS TO ALL . . . All departments will be closed Monday, December 25 through Monday, January 1, in observance of Christmas and the New Year. The next issue of Wheelagram will be in your area newsbox Friday, January 5, 1979!

Published weekly by and for employees of Materials Cleaning Systems Division.

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